

PATIENT APPLICATION GUIDE

PODOUS BOOT



Before using this brace please read the following instructions completely and carefully. Correct application and care is vital to the proper functioning of the device.

INTENDED USE / INDICATIONS:

Helps treat lower extremity disorders associated with trauma or immobility including pressure necrosis, ankle contractures, and post-operative hip abduction or rotation.

WARNINGS/PRECAUTIONS:

The Podous Boot should be removed once every eight hours to assess the contracture and skin integrity. Do not use product if redness or irritation of the skin persists or excessive pain and/or swelling occur. If you experience any pain, swelling, sensation changes, or any unusual reactions while using this product, consult your medical professional immediately.

APPLICATION INSTRUCTIONS:

NOTE:

The Podous boot is a non-ambulatory product and is not intended for walking other than very short distances.

- A.** Open all three straps. Place patient's foot into the boot and ensure sole of foot is resting on the footplate.
- B.** Secure the forefoot strap first, followed by the ankle and calf straps. Check position of heel in boot to ensure it is completely suspended.
- C.** The adjustable toe extension protects toes from bedding. To remove or adjust height of toe extension, remove the transfer pad on bottom of boot, remove thumbscrew, adjust toe extension, replace and tighten thumbscrew.
- D.** Anti-rotation bar may be repositioned to assist with internal or external rotation. Loosen knob on posterior section of boot and position anti-rotation bar to the side—away from body. Tighten and secure knob.
- E.** Removable transfer pad on dorsal side of footplate may be used for limited patient ambulating only. Remove transfer pad when patient is in bed to prevent floor to bed cross contamination.

USE & CARE INSTRUCTIONS:

Hand wash poly/pile liner with mild soap, air dry. Wipe plastic boot clean with damp cloth.

WARRANTY:

DJO, LLC will repair or replace all or part of the unit and its accessories for material or workmanship defects for a period of six months from the date of sale.



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Individual results may vary.
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MKTIS00-7411 Rev A