



# EXOS FORM™ II 631/637

**NOT TO BE USED FOR DJO BILLING PURPOSES**

DOCUMENTATION WORKSHEET: RETAIN IN PATIENT RECORD

Doctor: \_\_\_\_\_ Fitter: \_\_\_\_\_

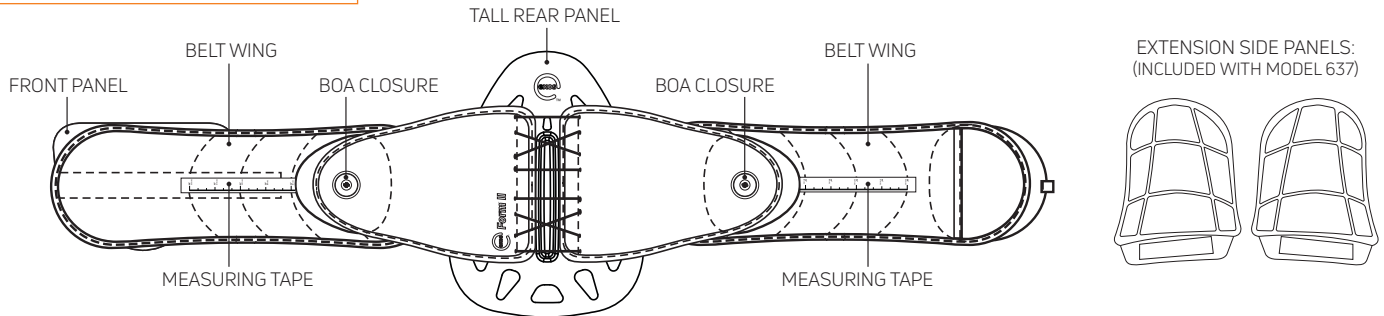
Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

Patient #: \_\_\_\_\_ Additional Follow-Up Dates: \_\_\_\_\_

TOOLS NECESSARY: Scissors • Heat Gun • Tape Measure • Exos Oven

CHECK APPROPRIATE BOX:  Exos FORM II 631  Exos FORM II 637

## PRODUCT COMPONENTS

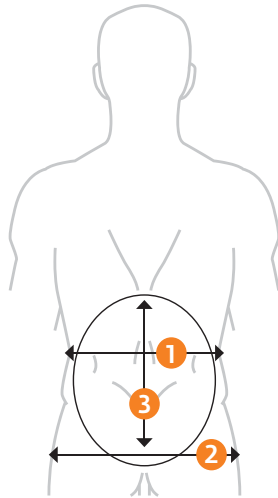


## CLINICAL JUSTIFICATION FOR CUSTOMIZING BRACE

THIS PRODUCT IS INTENDED FOR APPLICATION BY A QUALIFIED INDIVIDUAL AS DIRECTED BY A PHYSICIAN OR OTHER QUALIFIED HEALTHCARE PROFESSIONAL. THIS IS A PREFABRICATED ORTHOSIS. IT IS INTENDED TO BE CUSTOMIZED TO AN INDIVIDUAL PATIENT. FOLLOW THE STEPS BELOW TO CUSTOMIZE.

### STEP 1 - MEASUREMENTS

- 1 Lower rib circumference = \_\_\_\_\_
- 2 Hip circumference = \_\_\_\_\_
- 3 Sacrococcygeal Junction to Thoracic Vertebrae (T9) = \_\_\_\_\_

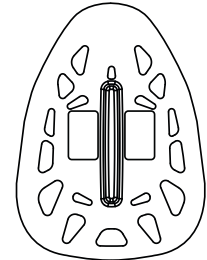


TIME SPENT: \_\_\_\_\_

### STEP 2 - CUSTOMIZE TALL REAR PANEL TO ANATOMY

Measure patient's lordosis and then customize Tall Rear Panel to anatomy.

- A. Separate the panel from the Belt Wings and remove foam liner.
- B. Heat the panel (or portion of panel) until malleable.
- C. Shape appropriately and let cool.
- D. Trim panel and liner if necessary.
- E. Reassemble.



Heat form to individual patient's anatomy and contour to create intimate fit for individual lordosis and soft tissue. Trim for individual patient's anatomy based on 3 \_\_\_\_\_

TIME SPENT: \_\_\_\_\_

### STEP 3 - CUSTOMIZE SIZING

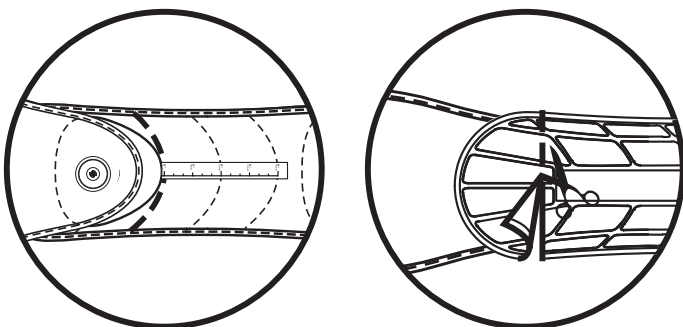
**SIZING IS CRITICAL TO PROPER PERFORMANCE**

Use the measurements below to customize to patient's anatomy.

- A. It may be necessary to adjust Belt Wing length by trimming. To customize the Belt Wing length:
  - 1. Use waist circumference (average of 1 and 2 \_\_\_\_\_) to determine proper sizing.
  - 2. Trim Belt Wing according to removable Measuring Tape.
- B. Add-on components (Front Panel and/or Tall Rear Panel) may require factoring in more Belt Wing length.

YES. AMOUNT CUT \_\_\_\_\_  NO

TIME SPENT: \_\_\_\_\_





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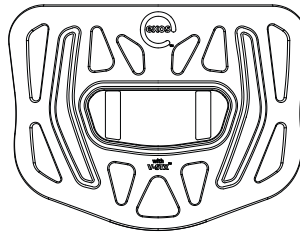
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## STEP 4 - CUSTOMIZE FRONT PANEL

MODIFY FRONT PANEL AS NECESSARY

TIME SPENT: \_\_\_\_\_



To customize Front Panel:

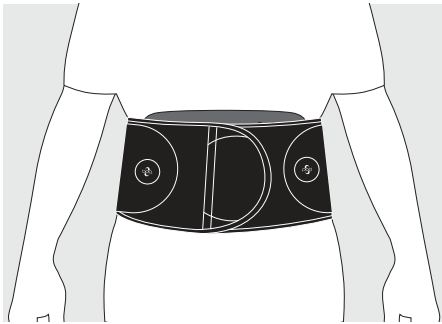
- A. Separate the panel from the Belt Wings and remove foam liner.
- B. Heat the panel until malleable.
- C. Shape appropriately and let cool.
- D. Reassemble.

## STEP 5 - CUSTOMIZE BELT FIT

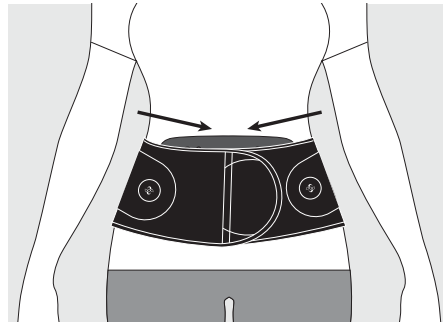
### ANGLE BELT WINGS

Circumferential contact at both upper and lower margins of brace is essential for proper brace performance and support. Determine angulation for proper fit.

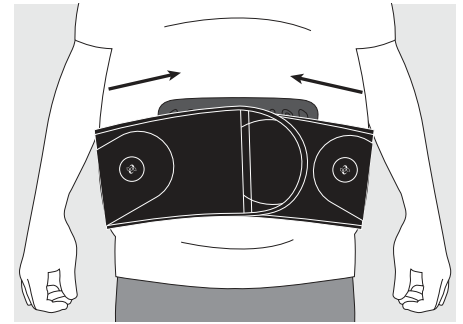
Angle Belt Wings:



Neutral



Inferior Angulation



Superior Angulation

TIME SPENT: \_\_\_\_\_

## STEP 6 - EDUCATION

### EDUCATE PATIENTS

Proper education is needed for individual to maintain proper fit throughout total time of wear.

Items to educate patients on:

BOA Closure System

Proper angulation to ensure circumferential contact

Proper cleaning

Watch patient application video

Don and doffing

Proper placement of brace

Follow up appointments

Provide patient application instruction sheet



TIME SPENT: \_\_\_\_\_

TOTAL TIME TO CUSTOMIZE BRACE: \_\_\_\_\_

For product assistance, please contact Product Support at 1-888-405-3251 or email [product.specialist@djoglobal.com](mailto:product.specialist@djoglobal.com)

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